RETREAT - AUTUMN 2027

The Haybergill Centre

Hayber Lane, Warcop, Appleby, Cumbria, CA16 6NP

Friday 12th to Sunday 14th November 2027

OR

Friday 19th to Sunday 21st November 2027



A weekend filled with yoga, meditation, good food, great company, peace, tranquility and rest

Haybergill is a purpose built, eco-friendly Scandinavian style venue, close to Appleby in the Lake District. An idyllic location, set in incredible grounds, and our home for another weekend of yoga, walking, good food, great company, peace, tranquillity and rest.

Find out more about Haybergill at www.haybergill.co.uk

Over the course of the weekend there will be at least 6 yoga sessions, of various styles and energies, in the dedicated studio space at the venue. There will also be the option to join us for a guided walk when, weather and energy permitting, we may enjoy a little outdoor yoga fun. There will also be plenty of time for you to simply sit back, relax, and enjoy the beautiful surroundings.

The cost of the weekend includes accommodation of course, as well as evening meal on the Friday, brunch, afternoon tea & cake and evening meal on Saturday, and breakfast and a cooked lunch on the Sunday (all meals vegetarian, other dietary options available on request).

You will have to make your own way there (it is about 1hr45 from The Den), but car shares will probably be available too.

At Haybergill there are 3 room options :

1 x Single bedroom, own bathroom (though not ensuite) £470 (access via steep stairs)
1 x Single bedroom, shared bathroom, own toilet £445 (access via steep stairs)
7 x Twin/triple ensuite bedrooms, £425pp (based on 2/3 people sharing)

There is also limited availability for a twin room to be occupied as a single for a supplement of £150.

AND THE ALL IMPORTANT QUESTION: HOW TO BOOK!

To book your place, please get in touch with me direct by email at **tiffany@nilayaretreats.yoga**, letting me know about any room/sharing preferences.

I will then send you details of how to pay your non-refundable deposit of £75pp.

Please understand that I expect demand for places to be high, and so to be fair all bookings must be made by email.

Places will be allocated strictly on a first come first served basis, and are only confirmed on receipt of the deposit.

So if you'd like to join us then get in touch as soon as possible!

THE SMALL PRINT...

- *Any reserved places are only secured on the receipt of the non-refundable deposit of £75pp.*
- *An interim payment of £150 is required no later than 10 weeks before the event*
- *Payment of any remaining balance is required no later than 6 weeks before the event*
- *If you would like to set up a payment plan for the retreat, then please let me know!*
- *All payments, deposit and balance, to be paid direct to the bank (details on request)*
- *Initial deposits are non-refundable, but any payments towards final balance remain refundable until the payment deadlines as above.*
- *I strongly recommend that you take out insurance to cover you should you need to cancel your place.*
- *In the unfortunate event that the retreat is cancelled, by either myself or the venue, then of course all payments will be either transferred to a future event, or refunded in full.*