



# SAFE HARBOR

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## Residential Care



# More Than Activities

Discover how our activities, outings, events and community connections help residents continue to live rich and fulfilling lives.



# Life is Meant To Be Lived.

**Meaningful Days. Meaningful Relationships. Meaningful Experiences.**

At the Safe Harbor Group, we believe life should continue to be rich, enjoyable and fulfilling, regardless of age or support needs.

Across Agnes & Arthur, Florence House, and The Place Up Hanley, our dedicated Activities Teams create opportunities every day for residents to remain active, connected, independent and engaged in the things that matter most to them.

From gardening and baking to community outings, live entertainment and quiet one-to-one conversations, our focus is simple:

**Helping every resident enjoy life in a way that is meaningful to them.**





# Why Activities Matter

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A great activities programme is about far more than simply filling time.

Meaningful activities help residents:

- ✓ Maintain independence and confidence
- ✓ Build friendships and social connections
- ✓ Stay physically active
- ✓ Stimulate memory and cognition
- ✓ Support emotional wellbeing
- ✓ Continue hobbies and interests
- ✓ Create new experiences and memories.

Every resident is different.

Some people enjoy lively group activities and social events.

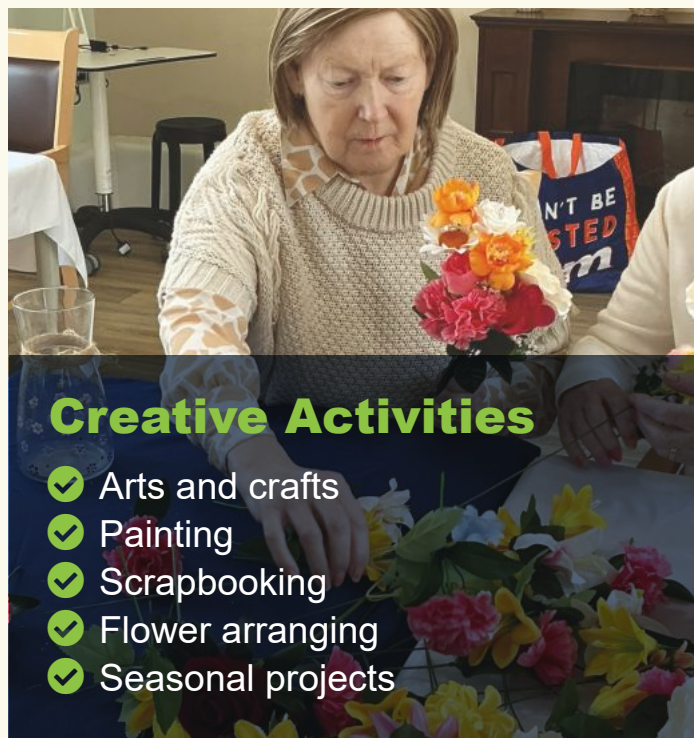
Others prefer quieter moments such as reading, reminiscence sessions, gardening, sensory experiences or spending time talking with a member of the team.

That is why our activities programme combines both individual and group opportunities every day.



# Something for Everyone

Our homes offer a varied programme designed around residents' interests, hobbies and preferences. These include:



Residents are always encouraged to choose the activities they would like to participate in.



## Bringing the Community Into Our Homes

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Our homes offer a varied programme designed around residents' interests, hobbies and preferences. These include:

- ✓ Schools and nurseries
- ✓ Churches and faith groups
- ✓ Scouts and community organisations
- ✓ Animal therapy visits
- ✓ Musicians and singers
- ✓ Dance groups.

These visits create opportunities for residents to build relationships, share experiences and remain connected to the wider community.



## Entertainment Throughout The Year

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Residents regularly enjoy lots of fun times including:

- ✓ Interactive shows
- ✓ Animal encounters
- ✓ Seasonal celebrations
- ✓ Summer fairs
- ✓ Christmas events
- ✓ Themed activity days.

No two weeks are ever quite the same.

# Out and About

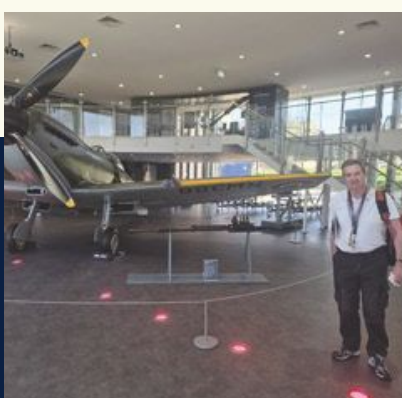
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We believe that meaningful experiences often happen beyond the front door.

Residents regularly enjoy outings into the local community, including:

-  Parks & nature reserves
-  Restaurants & cafés
-  Church services
-  Theatres
-  Shopping trips
-  Choirs & social clubs
-  Cinema trips

Many residents choose to go out several times each week, either individually or as part of a group. Families are always welcome to join us whenever possible.



## Resident Choice Matters

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All outings are planned around residents' wishes, interests and wellbeing. Because the best activities are the ones people genuinely want to do.

# Life Is Personal

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No two residents are the same. That is why our Activities Teams spend time getting to know each individual resident, their life story, interests, hobbies and aspirations.

Whether it is:

- ✔ Revisiting cherished memories
- ✔ Achieving a personal goal
- ✔ Enjoying a favourite hobby
- ✔ Celebrating a birthday
- ✔ Spending time with friends
- ✔ Visiting a special place

Our aim is always the same:

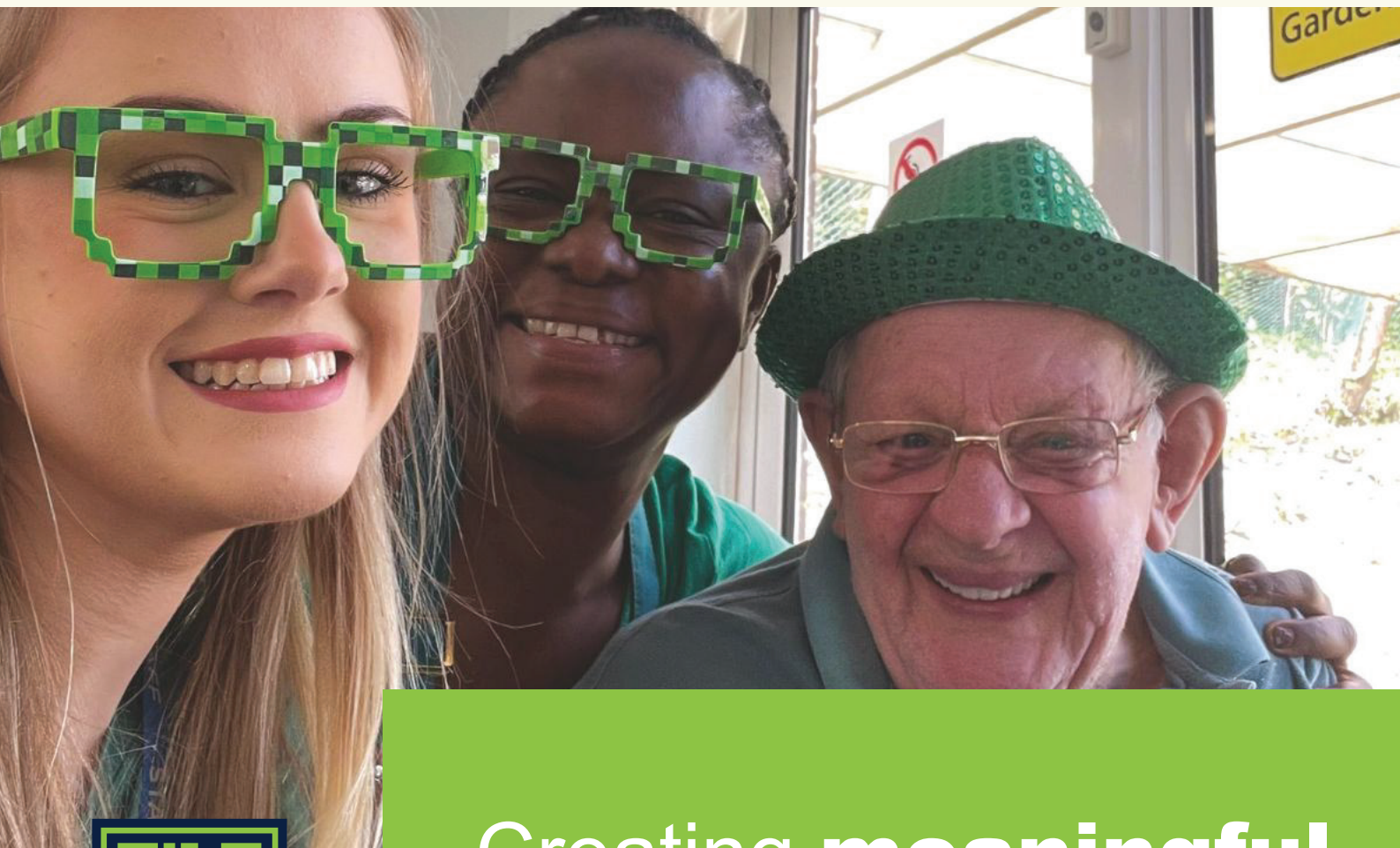
**To help every resident continue living a life that feels purposeful, enjoyable and their own.**





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## Residential Care



Scan here to learn  
more or request a  
call back.

# Creating meaningful moments every day.



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